

MN State & Midwest Open (USAPL)

ATTEMPTS

Meet date: 2/21/2015

Weight (lbs and kg):

Age:

Division:

SQUAT

			OPENER			
		1st was EASY...		1st was HARD...		
	2nd Attempt				2nd Attempt	
2nd was EASY...		2nd was HARD...		2nd was EASY...		2nd was HARD...
3rd Attempt		3rd Attempt		3rd Attempt		3rd Attempt

SQUAT

BENCH

			OPENER			
		1st was EASY...		1st was HARD...		
	2nd Attempt				2nd Attempt	
2nd was EASY...		2nd was HARD...		2nd was EASY...		2nd was HARD...
3rd Attempt		3rd Attempt		3rd Attempt		3rd Attempt

BENCH

DEADLIFT

			OPENER			
		1st was EASY...		1st was HARD...		
	2nd Attempt				2nd Attempt	
2nd was EASY...		2nd was HARD...		2nd was EASY...		2nd was HARD...
3rd Attempt		3rd Attempt		3rd Attempt		3rd Attempt

DEADLIFT